



# FreeStyle Libre 2

FLASH GLUCOSE MONITORING SYSTEM

## Quick Start Guide for FreeStyle Libre 2 app

For use with FreeStyle Libre 2 Sensor and FreeStyle Libre 2 Plus Sensor



## Setup Overview

Refer to your User's Manual for full system instructions and information.



**iPhone**  
Download **FreeStyle Libre 2** from App Store

**Android phone**  
Download **FreeStyle Libre 2** from Google Play Store



**1 Assemble and Apply Sensor to the back of your upper arm**



**2 Set up App**



**3 Use the App to scan your Sensor**

After the start-up period, you can use the App to check your glucose

## 1 Assemble and Apply Sensor to the back of your upper arm

Get Ready

### STEP 1



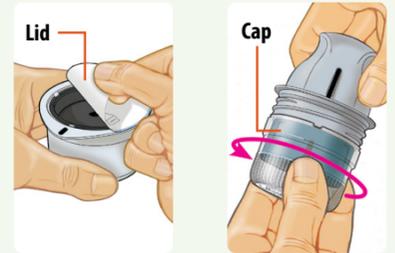
Select site on back of upper arm. Do not use other sites as these may result in inaccurate glucose readings.  
**Note:** Avoid scars, moles, stretch marks, lumps, and insulin injection sites. To prevent skin irritation, rotate sites between applications.

### STEP 2



Wash site using a plain soap, dry, and then clean with alcohol wipe. Allow site to air dry before proceeding.

### STEP 3



Peel lid completely off Sensor Pack. Unscrew cap from Sensor Applicator.

**CAUTION:** Sensor codes must match on Sensor Pack and Sensor Applicator or glucose readings will be incorrect.



Prepare Sensor Applicator

### STEP 4



Line up dark mark on Sensor Applicator with dark mark on Sensor Pack. On a hard surface, press down firmly on Sensor Applicator until it comes to a stop.

### STEP 5



Lift Sensor Applicator out of Sensor Pack.

### STEP 6

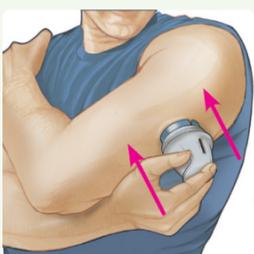


Sensor Applicator is ready to apply Sensor.

**CAUTION:** Sensor Applicator now contains a needle. Do not touch inside Sensor Applicator or put it back into Sensor Pack.

Apply Sensor

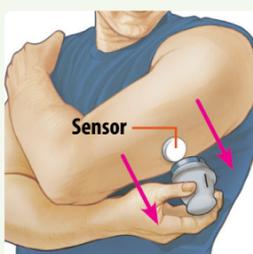
### STEP 7



Place Sensor Applicator over site and push down firmly to apply Sensor.

**CAUTION:** Do not push down on Sensor Applicator until placed over prepared site to prevent unintended results or injury.

### STEP 8



Gently pull Sensor Applicator away from your body.

### STEP 9



Make sure Sensor is secure. Discard used Sensor Applicator and Sensor Pack according to local regulations.



## 2 Set up App

### STEP 1



Check that your smartphone is connected to a WiFi or cellular network. Tap **Sign In** or **GET STARTED NOW**.

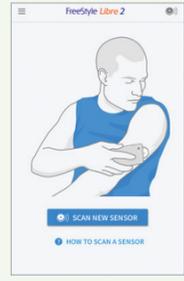
Review the legal information and follow instructions to set up a LibreView account or login to your existing account.

### STEP 2



Enter your personal settings. Tap **NEXT** after each screen.

### STEP 3



Review the important information on the screen. Accept the requested permissions. Tap **NEXT** to proceed until you see the Scan New Sensor screen.

## 3 Use the App to scan your Sensor

### How to Scan

**iPhone:** Tap scan button (📶). You can either tap the blue box on the Home Screen or (📶) at the top right. Hold top of iPhone near Sensor until you get a tone and/or vibration.

**Android phone:** Hold back of Android phone near Sensor until you get two tones and/or vibrations.

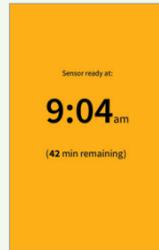
### STEP 1



Scan your Sensor to start it.

**Note:** Before you start your Sensor choose which device you want to use. If you start the Sensor with the App, you will be unable to use the Reader to check your glucose or receive alarms.

### STEP 2



The Sensor can be used to check your glucose after the start-up period. While the Sensor is starting up, you can navigate away from the App.

### STEP 3

**Message**  
Tap for more information

**Current Glucose**  
Glucose from your latest scan

**Glucose Graph**  
Graph of your current and stored glucose readings

**Glucose Trend Arrow**  
Direction your glucose is going

Arrow	What it means
↗	Glucose rising quickly
↘	Glucose rising
→	Glucose changing slowly
↙	Glucose falling
↘	Glucose falling quickly

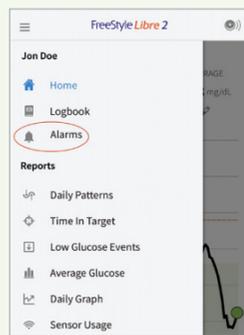
Scan your Sensor to get your glucose reading.

## Setting and Using Alarms

Alarms are on by default. To change their settings or turn alarms off, follow these steps.

**IMPORTANT:** Glucose alarms are an important safety feature. Please consult your health care professional before making changes.

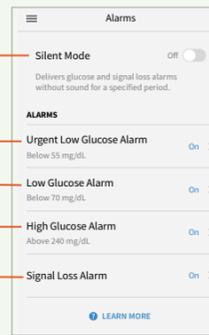
### STEP 1



Tap **Alarms**.

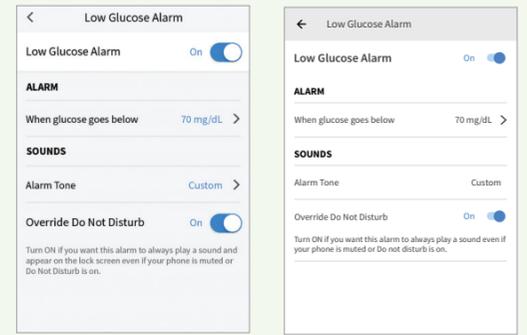
If Silent Mode is available, turn on to deliver your glucose and signal loss alarms without sound for a specified period of time.

### STEP 2



Review your alarm settings.

### STEP 3



**iPhone**

**Android phone**

Tap to change your settings. Tap **SAVE** after each selection.

### Setting Alarms

### Using Alarms

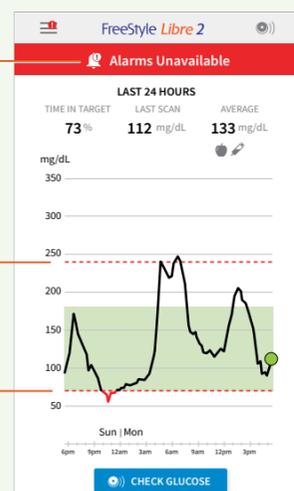
- Urgent Low Glucose Alarm** ⚠️  
Dismiss Alarm & Check Glucose.
- Low Glucose Alarm** ⚠️  
Dismiss Alarm & Check Glucose.
- High Glucose Alarm** ⚠️  
Dismiss Alarm & Check Glucose.
- Signal Loss Alarm** ⚠️  
Alarms are unavailable. Scan Sensor.

Swipe or tap to dismiss the alarm and check your glucose. You must scan your Sensor to see your glucose reading.

The 📶 symbol displays if alarms are not available

High Glucose Alarm Level

Low Glucose Alarm Level



Example screens displayed for iPhone

If you have followed the instructions described in the User's Manual and are still having difficulty setting up your System or if you are not sure about a message or reading, contact your health care professional.

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Consult instructions for use

Manufacturer  
Abbott Diabetes Care Inc.  
1360 South Loop Road  
Alameda, CA 94502 USA

